Coded excitation ultrasonic needle tracking: An in vivo study
Wenfeng Xia, Yuval Ginsberg, Simeon J. West, Daniil I. Nikitichev, Sebastien Ourselin, Anna L. David, and Adrien E. Desjardins

Citation: Medical Physics 43, 4065 (2016); doi: 10.1118/1.4953205
View online: http://dx.doi.org/10.1118/1.4953205
View Table of Contents: http://scitation.aip.org/content/aapm/journal/medphys/43/7?ver=pdfcov
Published by the American Association of Physicists in Medicine

Articles you may be interested in
Segmentation of malignant lesions in 3D breast ultrasound using a depth-dependent model
Med. Phys. 43, 4074 (2016); 10.1118/1.4953206

Technical Note: Multipurpose CT, ultrasound, and MRI breast phantom for use in radiotherapy and minimally invasive interventions
Med. Phys. 43, 2508 (2016); 10.1118/1.4947124

Tissue harmonic synthetic aperture ultrasound imaging
J. Acoust. Soc. Am. 136, 2050 (2014); 10.1121/1.4893902

Feasibility of vibro-acoustography with a quasi-2D ultrasound array transducer for detection and localizing of permanent prostate brachytherapy seeds: A pilot ex vivo study
Med. Phys. 41, 092902 (2014); 10.1118/1.4893532

Confocal acoustic radiation force optical coherence elastography using a ring ultrasonic transducer
Coded excitation ultrasonic needle tracking: An in vivo study

Wenfeng Xiaa)
Department of Medical Physics and Biomedical Engineering, University College London, Gower Street, London WC1E 6BT, United Kingdom

Yuval Ginsberg
Institute for Women’s Health, University College London, 86-96 Chenies Mews, London WC1E 6HX, United Kingdom

Simeon J. West
Department of Anaesthesia, University College Hospital, Main Theaters, Maple Bridge Link Corridor, Podium 3, 235 Euston Road, London NW1 2BU, United Kingdom

Daniil I. Nikitichev
Department of Medical Physics and Biomedical Engineering, University College London, Gower Street, London WC1E 6BT, United Kingdom

Sebastien Ourselin
Center for Medical Imaging Computing, University College London, Gower Street, London WC1E 6BT, United Kingdom

Anna L. David
Institute for Women’s Health, University College London, 86-96 Chenies Mews, London WC1E 6HX, United Kingdom

Adrien E. Desjardins
Department of Medical Physics and Biomedical Engineering, University College London, Gower Street, London WC1E 6BT, United Kingdom

(Received 24 September 2015; revised 25 April 2016; accepted for publication 21 May 2016; published 10 June 2016)

Purpose: Accurate and efficient guidance of medical devices to procedural targets lies at the heart of interventional procedures. Ultrasound imaging is commonly used for device guidance, but determining the location of the device tip can be challenging. Various methods have been proposed to track medical devices during ultrasound-guided procedures, but widespread clinical adoption has remained elusive. With ultrasonic tracking, the location of a medical device is determined by ultrasonic communication between the ultrasound imaging probe and a transducer integrated into the medical device. The signal-to-noise ratio (SNR) of the transducer data is an important determinant of the depth in tissue at which tracking can be performed. In this paper, the authors present a new generation of ultrasonic tracking in which coded excitation is used to improve the SNR without spatial averaging.

Methods: A fiber optic hydrophone was integrated into the cannula of a 20 gauge insertion needle. This transducer received transmissions from the ultrasound imaging probe, and the data were processed to obtain a tracking image of the needle tip. Excitation using Barker or Golay codes was performed to improve the SNR, and conventional bipolar excitation was performed for comparison. The performance of the coded excitation ultrasonic tracking system was evaluated in an in vivo ovine model with insertions to the brachial plexus and the uterine cavity.

Results: Coded excitation significantly increased the SNRs of the tracking images, as compared with bipolar excitation. During an insertion to the brachial plexus, the SNR was increased by factors of 3.5 for Barker coding and 7.1 for Golay coding. During insertions into the uterine cavity, these factors ranged from 2.9 to 4.2 for Barker coding and 5.4 to 8.5 for Golay coding. The maximum SNR was 670, which was obtained with Golay coding during needle withdrawal from the brachial plexus. Range sidelobe artifacts were observed in tracking images obtained with Barker coded excitation, and they were visually absent with Golay coded excitation. The spatial tracking accuracy was unaffected by coded excitation.

Conclusions: Coded excitation is a viable method for improving the SNR in ultrasonic tracking without compromising spatial accuracy. This method provided SNR increases that are consistent with theoretical expectations, even in the presence of physiological motion. With the ultrasonic tracking system in this study, the SNR increases will have direct clinical implications in a broad range of...
interventional procedures by improving visibility of medical devices at large depths. © 2016 American Association of Physicists in Medicine. [http://dx.doi.org/10.1118/1.4953205]

Key words: image guided interventions, ultrasound imaging, medical device tracking, coded excitation, fiber optic hydrophone

1. INTRODUCTION

Ultrasound (US) imaging is commonly used to guide needle insertions in a wide range of clinical contexts. However, needle tips can readily stray from the US imaging plane, particularly when they are at large depths and when the needles are thin. Lack of ultrasonic visibility of the needle tip can result in significant complications, and it can reduce procedural efficiency.

Procedures in which needle visualization is of particular importance include nerve blocks for regional anesthesia and interventional pain management, and minimally invasive interventions within the uterus for amniotic fluid sampling, chorionic villus sampling, and fetal surgery. With nerve blocks, loss of visibility of the needle tip can result in mechanical trauma to nerve fascicles; local anesthetic toxicity following inadvertent intravascular injections; and pneumothorax. Ultrasound-guided uterine access can be particularly challenging in cases with oligohydramnios, when the practitioner is inexperienced, and when the mother is obese. Needle tip visualization could also be helpful with percutaneous umbilical blood sampling (cordocentesis) and multifetal pregnancy reduction, where needle tip movements with high precision are required.

Improving the visibility of medical devices under US guidance has attracted increasing research interest in the past decade. Echogenic needles, which have surface modifications to improve US scattering, can provide visibility improvements when the needle tip is in-plane. However, this method still results in incomplete visualization: in a recent study on nerve blocks in patients, echogenic needle tips were visible in less than 56% of the procedure time. Automatic needle recognition can be performed in 2D and 3D US images; it can be facilitated with mechanical constraints and with camera pose estimation, but challenges can arise when the needle has a similar appearance to surrounding tissues.

Several active methods for needle tracking have been investigated. Electromagnetic (EM) tracking allows for pre-planning, but this method can be highly inaccurate in the presence of EM field disturbances from commonplace metal objects such as tables or surgical instruments. Additional methods include inducing motion of the needle and generating ultrasound waves from the needle with photoacoustic excitation. Active methods confer the potential advantage of providing tracking information that is not present in conventional US images.

Ultrasound tracking (UT) is an active method for determining the position of a medical device with the potential to overcome many limitations of current methods. It involves reception or transmission of US pulses by the medical device in concert with transmission or reception by an US imaging probe. In one configuration, transmissions were triggered by an integrated US sensor. Triangulation or beamforming algorithms can be used to obtain positional information in the coordinate system of the US imaging probe. We previously demonstrated that UT can be performed with a fiber optic hydrophone (FOH) integrated into the needle tip. This FOH can readily be miniaturized (≤125 μm outer diameter) for integration into small diameter needles.

As visualization of needles often becomes more challenging when the tips are deeper in tissue, it is important to optimize the signal-to-noise ratio (SNR) of UT systems. Coded excitation can be used to improve the SNR of B-mode US images, with potential increases of 15–20 dB. This technique allows for temporal averaging to be performed within one or two transmissions, in a more efficient manner than averaging across multiple transmissions with bipolar excitation.

In this paper, Barker and Golay codes were used to increase the SNR in UT. These codes were applied to transmissions by individual transducer elements of an imaging probe, and reception was performed with a fiber optic hydrophone integrated into a needle. The SNR improvements were compared to theoretical expectations, and to values obtained with noncoded, bipolar pulses. The performance of the system was tested in an in vivo ovine model with needle insertions to the brachial plexus and to several intrauterine targets.

2. MATERIALS AND METHODS

2.A. Ultrasonic tracking system

The UT system was centered on a clinical US imaging system (SonixMDP, Analogic Ultrasound, Richmond, BC, Canada) with a 6.5 MHz linear array imaging probe (L9-4/38, 9–4 MHz bandwidth, 300 μm pitch, Analogic Ultrasound, Richmond, BC, Canada). The FOH (Precision Acoustics, Dorchester, UK), which had an outer diameter of 125 μm at its distal end, comprised a Fabry-Pérot cavity at the distal end that was interrogated by a tunable, continuous wave laser. It was fixated within the cannula of a 20 gauge injection needle (Terumo, Surrey, UK) so that its distal end was flush with the bevel surface (Fig. 1), and fixated with a small quantity of epoxy applied proximal to the Fabry-Pérot cavity. The cannula remained patent after application of the epoxy; fluid aspiration and delivery with the cannula were possible but they were not performed in this study. With the FOH protected by the surrounding cannula, its performance was found to be unchanged after repeated insertions.

Ultrasound transmissions for tracking were controlled by a custom program written in LABVIEW (National Instruments, Austin, TX), which accessed low-level libraries to specify
excitation sequences that were provided to individual transducer elements sequentially. B-mode US imaging was implemented with a commercial imaging software on the US system. The FOH signals were digitized at 100 MS/s by a DAQ card (USB-5132; National Instruments, Austin, TX). A detailed description of the tracking system can be found in Ref. 31.

2.B. Coded excitation

In this study, coded excitation of US transmissions was performed with digital pulse compression schemes. Coded sequences of pulses were transmitted from each transducer element of the imaging probe, the transmissions were received by the FOH, and subsequently pulse compression was performed on the FOH signals. Two different types of sequences were used: Barker codes and Golay code pairs.

With Barker coding, the 13-bit coded excitation sequence $c(n)$ was convolved with a bipolar base sequence $b(n) = [1, -1, 0]$ to obtain the encoded transmission sequence $t(n)$,

$$t(n) = b(n) \otimes c(n),$$

where $n \in \mathbb{N}$. This encoded transmission sequence was provided as input to the US transmission elements. The transmitted pressure waveform from the transducer element can be modeled as a convolution of the $t(n)$ with the temporal response of a transducer element to impulse excitation, $h(n)$. The corresponding FOH signal [Figs. 3(b) and 3(d)], $f(n)$, was assumed to be proportional to that transmitted pressure waveform

$$f(n) \propto t(n) \otimes h(n).$$

To obtain Eq. (2), the frequency response of the FOH signal was assumed to be flat over the range of transmitted frequencies.

To perform pulse compression, $f(n)$ was convolved with the time-reversed version of the oversampled coded sequence $c(-n)$. Thus, the pulse compressed base sequence $\tilde{b}(n)$ can be expressed as

$$\tilde{b}(n) = t(n) \otimes c(-n),$$

as shown in Fig. 2. Notably, $\tilde{b}(n)$ has a mainlobe which has the same shape as the base sequence $b(n)$, with the amplitude

---

**Fig. 1.** Schematic of the ultrasonic tracking system showing the practitioner performing needle insertion through the abdomen of a sheep *in vivo.*

**Fig. 2.** Illustration of the processes of Barker and Golay coded excitation.
increased by a factor of 13 (Fig. 2). The FOH signals after pulse compression [Figs. 3(c) and 3(e)] were thus proportional to the convolution of the pulse compressed sequence $\tilde{b}(n)$ with $h(n)$,

$$f(n) \propto \tilde{b}(n) \otimes h(n).$$

(4)

Golay coded excitation was similar, except that it involved a pair of codes, with two corresponding US transmissions. Pulse compression was performed to each FOH signal and paired results were added. The length of each Golay sequence was limited to 32 bits due to limitations imposed by the low-level software libraries.

The expected SNR increase conferred by coded excitation is determined by the total code length, $N$. Coded excitation involves addition of both signal and noise terms. The signal terms add coherently so that they increase in direct proportion to $N$. Provided that the noise terms are uncorrelated, the standard deviation of the total variance increases with $\sqrt{N}$. As such, the expected SNR increase is proportional to $N/\sqrt{N} = \sqrt{N}$. In the case of Golay coded excitation, the total code length is the sum of the lengths of the code pairs. Therefore, for Barker and Golay coded excitation, the expected SNR increases are $\sqrt{13} \approx 3.6$ and $\sqrt{32 \times 2} = 8$, respectively.

Transmissions for coded, noncoded, and B-mode US (bipolar excitation) were performed sequentially. Barker coding was performed first (128 transmissions, one for each transducer element); Golay coding, second ($2 \times 128$, which included a pair for each transducer element); and bipolar excitation, third (128). Following the transmissions for tracking, a standard transmission sequence was performed for B-mode US imaging (128).

Processing of the digitized FOH data was performed with a custom program written in MATLAB (Natick, NH, USA). The pulse compressed signals were processed with the k-Wave toolbox to obtain an image of the needle tip [Fig. 3(f)]. A commercial beam-forming algorithm was used for B-mode US imaging. The needle tip positions were marked as red crosses according to the positions of the maxima of the tracking images, and overlaid on the corresponding B-mode US images in real-time.

2.C. Experiments

To evaluate the performance of the system in clinically relevant conditions, UT was performed during needle insertions to the brachial plexus and into the uterine cavity of a pregnant sheep in vivo. All procedures on animals were conducted in accordance with U.K. Home Office regulations and the Guidance for the Operation of Animals (Scientific Procedures) Act (1986). Ethics approval was provided by the joint animal studies committee of the Royal Veterinary College and the University College London, United Kingdom. These experiments were performed in the context of a separate study, for which the animal was obtained. Two pregnant ewes of Romney breed were studied. Ewes were time-mated after receiving intravaginal progesterone suppositories for 2 weeks to induce ovulation. At 100 and 114 days of gestation, (term, 145 days of gestation) they underwent general anesthesia induced with 1 g of thiopentone administered intravenously and after intubation; the ewes were then maintained on
halothane 2% in oxygen, and finally underwent terminal anesthesia.

All procedures were performed under US imaging. After clipping the fleece and cleaning, fetal biometry was assessed where appropriate and used to confirm the correct gestational age according to standard measurements as described. Subsequently, the needle containing the hydrophone was inserted. An insertion to the brachial plexus was performed at an angle of 40°, followed by withdrawal along the same trajectory. Intrauterine insertions were performed at angles in the range of 27°–66°. A total of 6 intrauterine targets were reached with separate insertions, including amniotic fluid and 5 targets in the fetus: the muscle (femur), the right ventricle of the heart, the trachea, the umbilical vein, and the stomach. Across all insertions, the needle tip depth ranged from 10 to 41 mm. Correct needle placement was confirmed by aspiration of the appropriate cavity fluid (amniotic, stomach or tracheal fluid; blood) or by injection of 1 ml of normal saline, during which time microbubbles were observed within the tissues.

For each insertion, the SNRs of the tracking images were estimated. A 2 × 2 mm area enclosing the hydrophone tip was defined as the signal region, and a 2 × 2 mm region outside the signal region was defined as the noise region; the SNR was calculated as the ratio of the maximum amplitude of the image values in the signal region and the standard deviation of the image values in the noise region.

As the US and UT images are inherently co-registered, the tracking accuracy was estimated as the spatial resolution with which the needle tip could be visualized. To estimate the spatial resolution, the axial and lateral profiles of reconstructed needle tracking images were obtained and the corresponding full-width at halfmaximum (FWHM) values were calculated.

3. RESULTS

With the needle insertion toward the brachial plexus, the tip was barely visible in the B-mode US images, but it was clearly visible in all tracking images. In the tracking images, the needle tip presented as an elliptical region with high signal amplitude [Fig. 4(a)]. The needle tip positions revealed by the tracking images closely matched the trajectory of the needle insertion visualized in the US images [Fig. 4(b)]. The tracking images acquired with the needle tip at a depth of 21 mm show nearly identical axial and lateral profiles for different excitation codes [Fig. 4(c)], with FWHM values of 0.71 ± 0.06 and 1.02 ± 0.06 mm (mean ± standard deviation), respectively. The SNRs of the tracking images decreased with the insertion depth [Fig. 4(d)], from 91 at a depth of 10 mm, to 27 at a depth of 21 mm, when each element of the transducer array was excited using a bipolar wave. With coded excitation, the SNRs were dramatically increased compared to bipolar wave excitation: for Barker coded excitation, the SNR was increased 3.2-fold to 302 at a depth of 10 mm and 3.5-fold to 98 at a depth of 21 mm; for Golay coded excitation, the SNR was increased 7.1-fold to 670 at a depth of 10 mm and 7.2-fold to 180 at a depth of 21 mm. Image artifacts were observed in the tracking image obtained using Barker coded excitation [Fig. 4(a), white boxes in the second row], which were consistent with the presence of the range sidelobes using pulse compression. These image artifacts were not observed for tracking images obtained using Golay coded excitation [Fig. 4(a), the third row].

With needle insertions performed into the uterine cavity, US images could be used to position the needle tip to different target locations [outlines in Figs. 5(a)–5(f)], but the visibility of the needle tip was often poor [Figs. 5(a)–5(f), left]. As with insertions to and from the brachial plexus, the needle tip was presented as an elliptical region with high signal amplitude [Figs. 5(a)–5(f), insets]. While axial FWHM values of the tracking images were nearly constant across all insertions (0.56 ± 0.08 mm), the lateral FWHM values were somewhat larger and more variable (1.15 ± 0.36), with the largest lateral FWHM value of 1.8 mm obtained for the insertion in the muscle femur [Fig. 5(h)]. With bipolar wave excitation, the SNRs ranged from 11.5 to 52.1 [Fig. 5(g)]. With coded excitation, the SNRs were increased by factors in the ranges of 2.9–4.2 with Barker coded excitation and 5.4–8.5 with Golay coded excitation. The highest SNR was 376.1, which was achieved with Golay coded excitation during an insertion to the umbilical vein.

4. DISCUSSION AND CONCLUSIONS

This study demonstrated that coded excitation is an effective method for increasing the SNR in ultrasonic tracking without incurring an appreciable loss in spatial resolution. This study was, to the authors’ knowledge, the first in which coded excitation was applied to ultrasonic tracking. It was also the first in which ultrasonic tracking was used in the context of peripheral nerve blocks and fetal interventions in vivo.

The optimal choices for coding and pulse compression schemes depend on the clinical context. Of the two coding schemes considered in this study, Barker and Golay, the former has the advantage of being more efficient, in the sense that it requires only one transmission. However, the length of Barker codes is limited to 13, which limits the SNR improvements that they can confer. As such, they are best suited to contexts in which acquisition speed is of paramount importance. Conversely, Golay codes require pairs of transmissions, but they are not limited in length. As such, they are best suited for optimizing penetration depth. Pulse compression schemes could extend beyond the one in this study, to compensate for distortions of ultrasonic pulses during propagation through tissue. For instance, mismatched filters could be used to compensate for low-pass filtering at large penetration depths.

Several differences in the results of coded excitation in B-mode US imaging and UT can be expected. First, the role of sidelobes that can be introduced by coded excitation may be less prominent in UT than in B-mode US imaging, since there is typically only one object within a tracking image (which corresponds to the location of the US transducer in the medical device). Second, in this study, pulse compression in
Fig. 4. (a) Tracking images obtained during an insertion in the context of brachial plexus nerve blocks in a sheep in vivo. Tracking images were obtained at three different depths during needle withdrawal (right to left), for three different excitation codes: single cycle bipolar wave, Barker coding, and Golay coding (top to bottom). The dimensions of the insets at the bottom-right of all tracking images have dimensions of 4 × 4 mm. (b) Needle tip positions are marked as red crosses according to the positions of the maxima of the tracking images. Image artifacts induced by the range sidelobes in Barker coded images are indicated by white arrows. The corresponding B-mode ultrasound image with the needle trajectory is shown in (b). The lateral and axial profiles for tracking images obtained at a depth of 21 mm with different excitation methods are compared as in (c). The signal-to-noise ratios (SNRs) for tracking images with different excitation methods and at different depths are compared in (d).

UT was performed prior to beamforming, whereas in B-mode US imaging it is typically performed with postbeamformed data. Beamforming can lead to suboptimal pulse compression performance. Third, wave propagation distortions in UT, such as those resulting from frequency-dependent attenuation, are likely smaller than those in B-mode US imaging, as propagation occurs in only one direction from the imaging probe to the medical device.
With coded excitation, there is a trade-off between the magnitude of the SNR improvement and the sensitivity to motion of the medical device tip relative to the ultrasound imaging probe. During ultrasonic tracking, this motion can arise from insertion of the device and from physiological motion of tissue surrounding the device. The latter was particularly prominent in this study when the needle tip was inside the beating right ventricle of the ovine fetus. Even under those extreme conditions, the SNR and the resolution of the tracking images were very similar to those acquired in the presence of much smaller tissue motion. This suggests that if hardware had allowed for it, the Golay code length could have been increased beyond that in this study whilst retaining insensitivity to tissue motion. As suggested in the context of B-mode imaging, a hybrid approach could be useful, with bipolar or short-length codes used for shallow depths where SNR is high, and longer-length codes used elsewhere.

The spatial resolution of the needle tracking images in this study was suitable for clinical practice. The axial and lateral components of the spatial resolution were smaller than...
the bevel surface length of a 20-gauge injection needle that is commonly used for nerve blocks and fetal interventions. The spatial resolution achieved with bipolar excitation in this study (axial: 0.43–0.65 mm; lateral: 0.89–1.80 mm) corresponded well to the values obtained in a previous study using the same 9–4 MHz linear ultrasound imaging probe (axial 0.40–0.58 mm; lateral: 0.92–1.69 mm). Due to the high sensitivity of the FOH, transmissions from the imaging probe were received even when the needle tip was slightly outside the 2D geometric imaging plane. Therefore, to identify when the needle tip enters this plane, comparing FOH signals from multiple spatial locations during an insertion could prove useful. With additional linear arrays of transducer elements, such as those in 1.5D imaging probes, the out-of-plane position of the needle tip could be obtained.

The implementation of ultrasonic tracking in this study has many advantages that make it compelling for guiding a wide range of percutaneous procedures, including peripheral nerve blocks and fetal interventions. The fiber optic hydrophone can be manufactured with scalable processes, at low cost; its small diameter and its flexibility make it straightforward to integrate into a wide range of medical devices. With a nearly omnidirectional response and large bandwidth, it is compatible with a broad range of ultrasound imaging probes and medical device angulations. With an absence of electronic components, it is immune from EM interference. Ultrasonic tracking with coded excitation could be performed with other ultrasound sensors, however, including piezoelectric or CMUT transducers. The use of coded excitation for ultrasonic tracking will improve needle visualization at large depths, where visualization of the medical devices is often most challenging.

ACKNOWLEDGMENTS

This work was supported by an Innovative Engineering for Health award by the Wellcome Trust (No. WT101957) and the Engineering and Physical Sciences Research Council (EPSRC) (No. NS/A000027/1), by a Starting Grant from the European Research Council (Grant No. ERC-2012-StG, Proposal 310970 MOPHIM), and by an EPSRC First Grant (No. EP/J010952/1). A.L.D. is supported by the UCL/UCLH NIHR Comprehensive Biomedical Research Center.

CONFLICT OF INTEREST DISCLOSURE

The authors have no COI to report.

---

8Author to whom correspondence should be addressed. Electronic mail: wenfeng.xia@ucl.ac.uk


4073 Xia et al.: Coded excitation ultrasonic needle tracking


